

1.



Swahili Cultural Tour



There are many elements to the Swahili culture - music and dance, visual arts, traditional games, cuisine, and dhow culture to name a few. A Cultural tour is a great way for visitors to immerse themselves in the local culture and to see how many Zanzibari's live on a day to day basis. On this half day tour, your guide will accompany you to a rural village where you will have the opportunity to see daily activities being undertaken - women weaving baskets, grinding millet, and cooking local dishes, using traditional methods. Watch as they decorate themselves with the traditional henna

body painting, and braid hair. Behold the sight of young boys making rope and scaling tall palm trees for fresh coconuts, which are then peeled and cracked open for a refreshing drink under the midday sun. Sit with the men of the village as they weave palm fronds to make the thatch roofs for their huts, or play a game of Bao, Zanzibar's favourite pastime. Further afield cassava plantations and bananas with their various products can be seen and tasted - cassava chips, grilled cassava, ripe banana with coconut, and grilled banana with local spices. The Cultural Tour is the ideal

excursion for those who want a real insight into the people and life on the Island, and is a great way to support sustainable tourism and the people of Zanzibar.

Advisable

- . Sunscreen and Hat
- . Please dress conservatively when visiting local villages - women should cover their shoulders and wear long skirts or trousers